

Abstract of the Disclosure

A framing system for use in a building structure includes a track
5 having a longitudinally-extending web and a pair of spaced apart legs
which extend from the web to form a channel between the web and the
legs. One or more longitudinally-extending studs are coupleable to the legs
of the track. Each leg of the track comprises a deformable portion, the
deformation of which is accompanied by movement of the one or more
10 studs toward or away from the web.